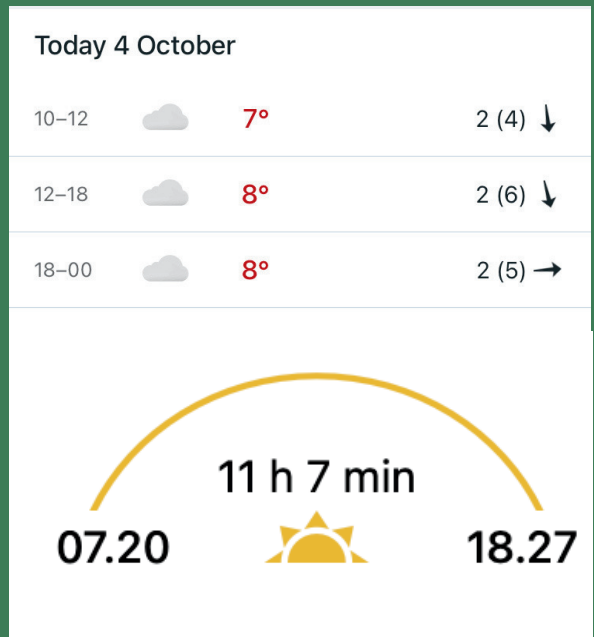
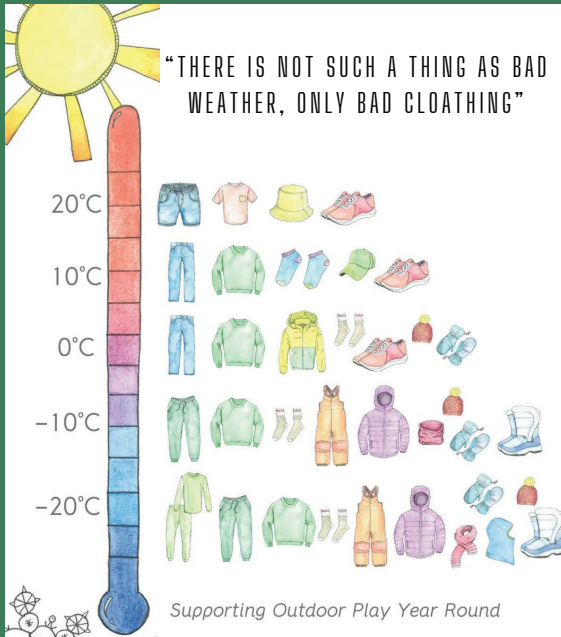


# WEATHER FORECAST

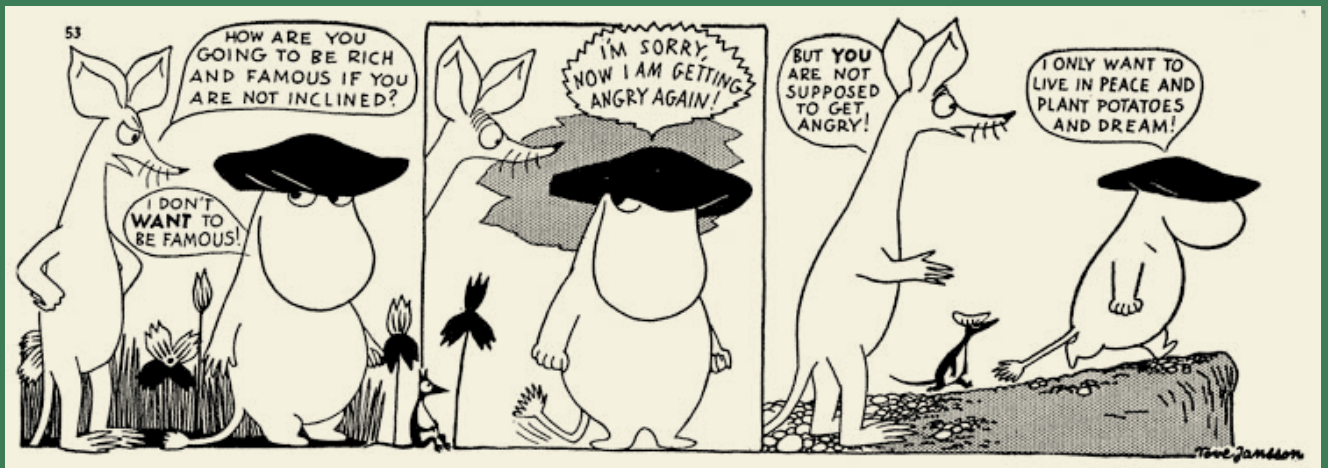


# IMPRESS YOUR FINNISH FRIENDS

NATURE IS A REALLY IMPORTANT ELEMENT IN FINNISH CULTURE. THEREFORE, THE LANGUAGE INCLUDES MANY PHRASES ABOUT IT. IN THIS SECTION YOU WILL DISCOVER DIFFERENT EXPRESSIONS ABOUT NATURE SO YOU CAN IMPRESS YOUR FINNISH FRIENDS.

*Happihypely*, which translates oxygen jumping. It refers to do a light outdoor activity. For example, "menään happihypelylle" let's go for a short walk or take a break outside. When you will spend too much time inside the conference room, remember to take a happihypely.

# MOOMIN COMIC STRIP





**EOE CONFERENCE 2023**

# **Arctic Fox News**

M A G A Z I N E



Arctic Fox News: Reporting with so much sizzle, even the penguins are jealous. Though, they are not Finnish residents. Welcome to Metsakartano!

4th of October 2023 | Issue No2



# Interview with Maria Vahkonen

**Arctic Fox News:** So, you are Maria Vahkonen...

**Maria:** Yes!

**Arctic Fox News:** And what do you do here, Maria?

**Maria:** Hm, I'm an instructor of Voimaa vanhemmuuteen -hanke<sup>1</sup>, which is a family camp: we are doing family camps, for example, or we are working with families. Last week, we had two camps with different groups: so yeah, family camps.

**Arctic Fox News:** And here is your practical training place?

**Maria:** I'm working until the end of next year, so...

**Arctic Fox News:** It's like a full-time work.

**Maria:** Yeah.

**Arctic Fox News:** Good to know. I've been talking with Jussi Muittari – the person you probably do know. He's our lecturer, and it turns out he's also your teacher, but probably in some different University, is it so?

**Maria:** Yes, I have taken Sker<sup>2</sup> courses 1&2 right before I started this job, I was in Norway doing that... nearly a month of climbing with... you have been there too I guess?

**Arctic Fox News:** Not yet! But yeah, that's our curriculum for the next year – like, early next year in February?

**Maria:** Yeah, there were some groups from your school before we went there.

**Arctic Fox News:** Think it was the previous year's group, AdEd21. They did that in February, I'm quite sure<sup>3</sup>. Is it Open UAS, an open university that you have applied to and that's where you have your classes, right?

**Maria:** Yeah!

**Arctic Fox News:** Interesting... But back to Metsäkartano, what are your obligations here? What are your responsibilities maybe?

**Maria:** Well, we have... varustehuolto – you understand that?

**Arctic Fox News:** Yes, equipment maintenance!

**Maria:** Yeah! Right. We have four persons in a nuorisotiimi: Tanja, Mira, Carola and I, and we all have different things that we take care of. I have climbing and canoeing, something like that. And we also have together... we take care of – some of us, downstairs with Carola – sports hall and all these kinds of things.

**Arctic Fox News:** How's it going so far?

**Maria:** Well...

**Arctic Fox News:** It looks very busy!

**Maria:** Yeah! (smiles) It looks, yeah. And there have been some changes: Tanja was a coordinator of schools but now she is a coordinator of Nuotta. And Mira has taken her place, and Carola has taken Voimaa coordinator place, and I have become an instructor of the Voimaa -hanke. So, there is a lot of changes during the summer and during the springtime, and that's why we haven't had that much time to focus on the equipments.

**Arctic Fox News:** ...And I guess it's your first EOE conference?

**Maria:** Yes.

**Arctic Fox News:** Not only as the participant, but as a full time worker as well?

(nods) Okay! Do you have any expectations of what's to come today and later on?

**Maria:** None, honestly! I was asked if I would like to do something with EOE? I said, okay, I'm open to that, and then I was asked about being coordinator to Humak students... Okay, that sounds good!

**Arctic Fox News :** It does!

**Maria:** I haven't... So, I've been in touch with your group for two and a half weeks or something like that, so it wasn't far away from the start when I began working here full-time.

**Arctic Fox News:** When we were talking with Tanja [Liimatainen], she said that for her the first and foremost thing about the EOE conference is the networking that people have a chance to exercise in here. So, for you – is it so as well? Like, most expectations are probably about meeting new people?..

**Maria:** Yeah, yeah! Maybe in the future I can use those... How can i say that?..

**Arctic Fox News:** Connections?

**Maria:** Yes, connections! Yeah. If I'm not working anymore at Voimaa...

**Arctic Fox News :** And you are looking to be employed in Adventure education? Have you chosen that as your career path, probably?

**Maria:** Yeah, in the future, i would like to be guiding. And later a kayaking trainer who could train new guides.

**Arctic Fox News :** We actually had one guide who graduated from Humak on our kayaking trip to Tammissaari. So, that's very well...

**Maria:** Tiina?

**Arctic Fox News:** Yes! You do know her?

**Maria:** Yes, we were working in the same place last summer!

**Arctic Fox News :** She was also working in Norway, that's what I know... So, you met her in Norway?

**Maria:** Not in Norway, in Helsinki about a year ago, in the summer, we were working in Natura Viva.

**Arctic Fox News:** And i know the place as well! See, the amount of interconnections... It's like the web! (both laugh) Yes, it's crazy! So, it looks like it's working, actually... EOE conferences and the whole adventure education system – at least it brings people closer together, and that's a very big part, I think, of success for any discipline, so people can stay interconnected and exchange their expertises.

**Maria:** And also practice together: for example, climbing skills or something like that, what we have been in, we have done with the Sker course students.



**Arctic Fox News:** Great. What would you think would be your field of expertise? What do you bring to the table with your job in here?

**Maria:** Well, kayaking skills, I think? Yes.

**Arctic Fox News:** And that was your interest from the very beginning, that's what brought you to Adventure education – kayaking, was it?

**Maria:** And climbing, yes.

**Arctic Fox News:** Okay, that's a great mixture.

**Maria:** But also, I feel like i'm a good guide. I like to be with the group. Not in the spotlight, but with a group, and seeing... when they are doing something in the forest or in the nature, it's so nice to see that people are hanging around, having fun.

**Arctic Fox News:** I did notice that you're very good at organizing and guiding large groups of people: it's only our second day here, but I had a chance to notice that already! We are a big group of people, and an even bigger one probably is still to come today.

**Maria:** People coming all the time, more and more!

**Arctic Fox News:** And that's good! Tomorrow should be the official beginning of EOE, the grand opening. It's good that people will have that newspaper already when they come. I mean, the first issue; and tomorrow, your interview will hopefully make it to the pages of the second issue. So, there you go: welcome to the public press! Thank you so much, Maria.

<sup>1</sup> – for more information in Finnish, see:

[https://www.metsakartano.com/application/files/2016/3428/7016/VOIMAA\\_VANHEMMUUTEEN\\_hanke\\_esite2021.pdf](https://www.metsakartano.com/application/files/2016/3428/7016/VOIMAA_VANHEMMUUTEEN_hanke_esite2021.pdf)

<sup>2</sup> – see HUMAK SKER1 brochure: <https://www.humak.fi/wp-content/uploads/2020/11/SKER1-esite-2021.pdf>

<sup>3</sup> – for highlights of the expedition, see:

<https://www.instagram.com/p/Cwau3EXNRxE/>

# Highlights of the day

## MORNING & EVENING ACTIVITIES

### Huomenta or good morning!

If you're an early bird or a night owl, the morning activities team invites you every morning from 7AM until 8AM to start the day with a dose of freshness. Today's theme was on wellbeing and included some team building activities, breathing exercises and get to know each other. The session starts at 7AM and it lasts about 40min- 50min. Every day has a different approach, but always promises fun and embracing all the emotions.

Evening team: when was the last time that you tried box climbing? If the answer is long time ago, then today between 4pm- 5pm and after dinner, you are welcomed to bring your courage and curiosity to the spot that is marked with the same name on the map.



## SHARE YOUR STORIES WITH US

**EOE2023** 📍 **Metsäkartano**

*Love to see you here.*

*Share your adventures with us!*

@metsakartano on Instagram

@Metsäkartano on Facebook

#eoe2023 #metsäkartano



YOUTH CENTRE

## BRAVE NEW DESIGN

Dear reader!

One brainstorming day later and upon a thorough focus group research on AdEd & ADHD fellow students, the Arctic Fox News team is proud to present you the very new version of our newspaper – bigger, brighter and hopefully even better, with more visual content and all the announcements in one place as we strive to become your guiding star on the EOE celestial map.

As indispensable as a swiss army knife, this colorful daily newspaper is meant to be taken along anywhere you go: stay updated on the schedules & hourly weather forecast, indulge into comics & gossips or read the elaborate daily interviews – but beware, as our team is on the hunt for its next hero! Who knows if it might happen to be you?...

Keep vigil, adventurers! And see you in the great outdoors and on the pages of the Arctic Fox News outlet.

## EMIL'S GOSSIPING LOUNGE

Emil Gossip's Lounge is your safe space where you can freely discuss everything that happens to you or concerns you throughout the conference. Whether you have an insightful feedback, a unique point of view, or simply a story to share, this is the place to do it – completely anonymous and simple. Access the lounge by scanning the QR code. Once inside, you can contribute your thoughts, observations, and reflections without revealing your identity. It's your chance to be heard without any judgements. Join the conversation at Emil Gossip's Lounge and become a

a part of the anonymous exchange of ideas, experiences, and perspectives that will make this conference even more memorable. Your voice matters, and this is your space to make it heard!

